

## The Mr. Men Study Guide

Year 8 EXAMS 12<sup>th</sup> – 16<sup>th</sup> June  
Approximately 4 weeks!



**PREPARE TO SUCCEED**

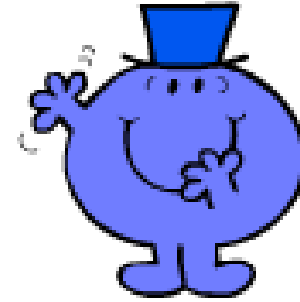
# + THE RIGHT APPROACH



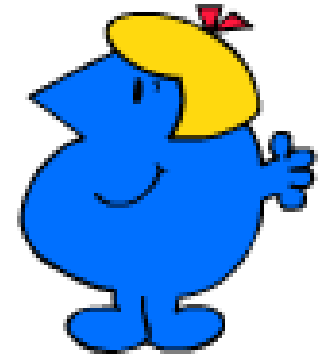
- Don't be like Mr. Wrong or Little Miss Naughty.
- If you want to get ahead be like Mr. Happy.



# + THE KEY TO SUCCESS

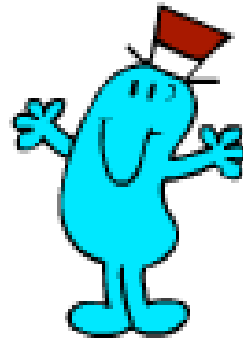


- Think Positively!
- Accept responsibility for motivating yourself!
- Accept the fact that success comes from effort!
- Reward yourself after completing a goal or task.
- **No one can be like Mr. Impossible but  
Everyone can do well like Little Miss Brainy.**



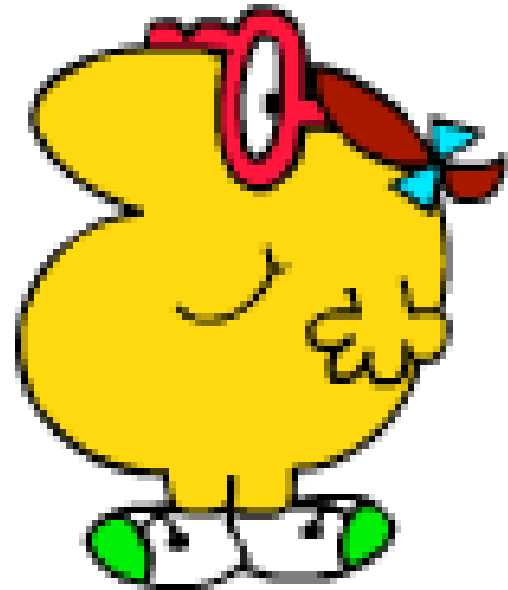
# + LEARNING IS DOING –

Just like Mr. Busy and Little Miss Busy



Research shows that as learners we take in:

- 10% of what we read
- 20 % of what we hear
- 30 % of what we see
- 50 % of what we see and hear
- 70 % of what we ourselves say
- 90 % of what we ourselves do





# ORGANISE YOUR TIME –

To avoid being Mr. Muddle or Little Miss Scatterbrain



- ALLOW ENOUGH TIME TO COMPLETE HOMEWORK
- STUDY AT THE SAME TIME AND PLACE DAILY
- REVIEW AND REVISE ON A REGULAR BASIS (NOT JUST BEFORE TESTS AND EXAMS)
- ALLOT A PERIOD OF TIME FOR EACH REVISION SESSION RATHER THAN TRYING TO DO IT ALL AT ONCE (max 20 mins per session)
- ALLOCATE TIME FOR NON-ACADEMIC ACTIVITIES





# YOUR LEARNING ENVIRONMENT



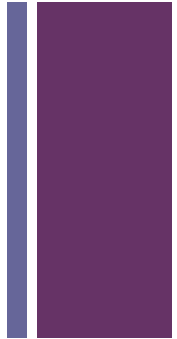
- **STUDY IN A QUIET PLACE**
- **MINIMISE DISTRACTIONS**
- **Ensure your study area is:**
  - **available when you need it**
  - **free from distractions and interruptions**
  - **contains all your study materials**
  - **contains a large enough work space**
  - **has a comfortable chair**
  - **has enough light**
  - **has a comfortable temperature**



**Avoid  
Mr. Noisy!**



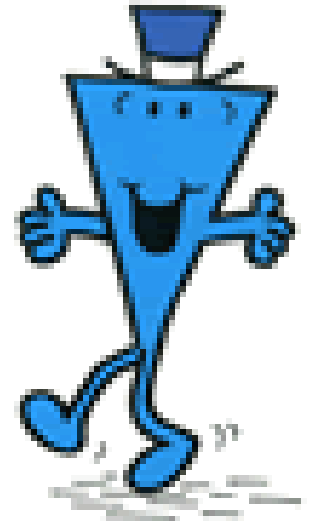
# LEARNING TYPES



- **KNOW WHAT TYPE OF LEARNER YOU ARE.** We all have a preferred way of learning but we may not be aware of it. Get to know your learning style and study in the way you learn best.
- **Auditory learners** learn by listening. If you're an auditory learner you could try reading your notes aloud and discussing them with other people. You might like to record key points and play them back.
- **Visual learners** learn by seeing. If you're a visual learner you could use colours in your notes and draw diagrams to help represent key points. You could try to remember some ideas as images.
- **Tactile/kinesthetic learners** learn by doing. If you're a tactile/kinesthetic learner you could use methods like role-playing or building models to revise key points.

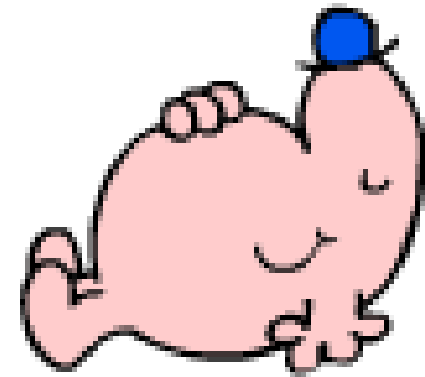
# + YOUR STUDY BEHAVIOUR

- SET CLEAR GOALS
- ASK FOR HELP WHEN NEEDED
- REWARD YOURSELF
- DIVIDE AND CONQUER (know what topics are needed, prioritise your weaknesses, divide into chunks to revise)
- DON'T PROCRASTINATE! (don't put off!)
- **FOLLOW THESE POINTS TO BE LIKE MR. COOL**





# + REASONS FOR PROCRASTINATION



- 1. “I don’t understand it.”
- 2. “It’s boring.”
- 3. “I don’t feel like doing it.”
- 4. “What if I do badly.”
- 5. “I can’t do this as well as others.”
- 6. “You can’t make me do it.”
- **Don’t be like Mr. Lazy or you will fall behind!**

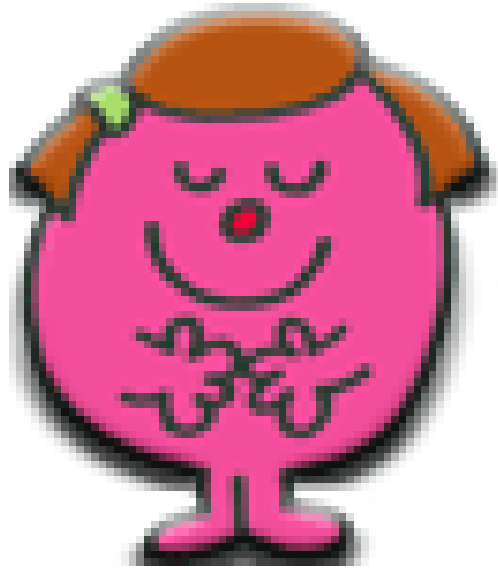




# IMPROVE YOUR NOTETAKING



- RECORD
- REDUCE
- RECITE
- REFLECT
- REVIEW –always revise like Little Miss Wise!
- Create a glossary of key terms





# READING SKILLS –

Be like Little Miss Curious!

- **Take notes when reading – underline, annotate, summarise:**
  - In the exam- read each question carefully and ask...
    - What area of study is this question about?
    - What am I being asked to do? (e.g. Label, describe, explain, give etc)
    - What key language should I be including in my answer?
    - How many marks are there available?
    - How much do I need to write?





# GOOD CONCENTRATION SKILLS –



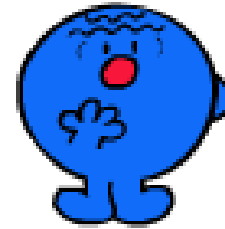
Don't be like Mr. Forgetful!

- Keep paper handy to jot down thoughts that cross your mind while studying.
- Set study goals before you begin each period of study
- Break up the content of study by mixing up subjects and building in some variety of revision tasks.
- Make the most of break periods - do something very different. Don't try to mix work and play.
- **You will be able to concentrate best if you:**
- Study during the day and early evening.
- Take short breaks and STOP studying when fatigue sets in.



# + EXAMS

## Don't be Mr. Worry!



### **Before the Exam**

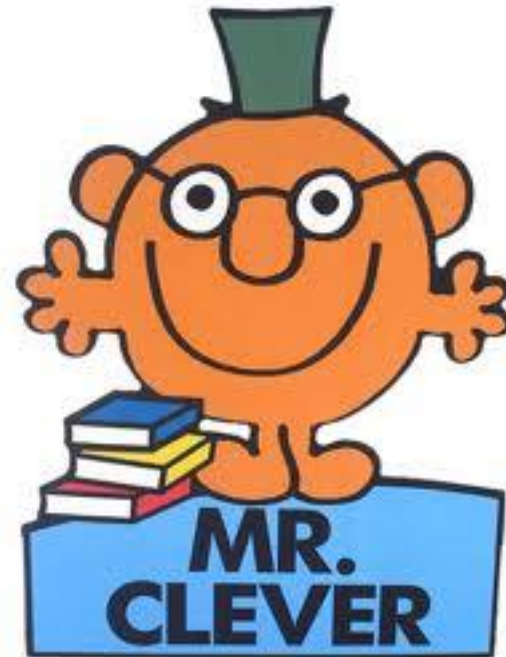
- Get plenty of sleep the night before.
- Give yourself enough time in the morning for your regular routine.
- Eat a good, nutritious breakfast.
- Give yourself positive, reassuring statements throughout the day (such as "you can do it" or "you know the material, so relax").

## **During the Exam**

- **Avoid students who'll ask you questions before the exam. (This will only increase your anxiety.)**
- **If possible, sit in the seat you normally occupy in class.**
- **Be sure to read all instructions.**
- **Look over the test and spend more time on questions worth more marks.**
- **Don't change your answers. (Unless you're sure you were wrong the first time.)**
- **Read each question twice, slowly.**
- **Skip questions you can't answer and go back to them later.**

# + TOP TIPS to be like Mr Clever

- Establish a routine
- Create a study environment
- Set a timetable
- Reward yourself for studying
- Have variety in your study program
- Avoid interrupting your concentration
- Test yourself on what you have studied
- Don't panic at exam time
- Ask your teachers for guidance



Study Times and Subject

Sunday									
Monday									
Tuesday									
Wednesday									
Thursday									
Study Times									
Friday									
Saturday									







## Online/ mobile apps:

This one here from...  
 'smart revision calendar' (Google play/ ios)

- Create a timetable
- Calculate how much time spent
- Count down to exam date



**‘Being prepared’  
is essential for  
Exam success**