

Dear Parent(s) / Carer(s),

I am delighted to inform you that our school has recently been accepted to take part in a scheme run by the British Heart Foundation to train students and staff in cardiopulmonary resuscitation (CPR). At present fewer than one in ten people who suffer a cardiac arrest outside of hospital care survive and the hope is that by training more people to deliver CPR, that this figure will increase.

The school has been provided with CPR training kits and will be starting to train Year 7 students in the next few weeks during their SMSC lessons. The programme will be rolled out across the school and every student will be trained within the next 12 months. We are aware that some students may have already undertaken training at swimming clubs, scouts, guides, cadets etc. however research shows that regular training is essential if people are to be considered "well-trained".

More information about this scheme can be found at:

<https://www.bhf.org.uk/heart-health/how-to-save-a-life>

If you would like to discuss any aspect of this training with me, please do not hesitate to contact me in school.

Kind regards,

R. Bannister  
Head of SMSC and Careers