

How to help your child with revision

The best advice you can give your child

10 TIPS FOR DOING WELL IN EXAMS

- Plan a revision timetable and stick to it!
- Don't try to do too much at once
- Know your syllabus – what's been covered; what's left to be covered
- Know your exam paper – layout, kind of paper (e.g. multiple choice, essay, short answer), which questions carry most marks
- Practice on past exam papers
- Practice answering questions under exam conditions
- Review your notes from time to time
- I will help to test you
- Stick things you need to know on backs of doors, notice boards or anywhere you'll see them often
- Don't stay up late the night before exam

BETWEEN EXAMS:

- Make sure you relax (through exercise and fresh air, Leave the internet alone for a while)

AFTERWARDS:

- Don't spend time worrying about what you did wrong- start work on next one.

Beating exam stress

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Here are some strategies that may help you to cope with stressful times.

Do establish a routine – stick to it. Make sure that you have proper meals and that you sleep well and keep to your work plan.

Do get plenty of exercise – if you are fit, your mind will be more alert and revision will be just that little bit easier.

Do start revising as early as possible – the result is less stress.

What do the words mean? Test your child

Here is your examination code breaking guide to words used in exam papers **make sure they understand key terms**

- **Annotate** - add an explanation to a map, diagram or drawing
- **Comment** – write what you know about. Look for similarities and differences between
- **Criticise** – give you views and discuss the evidence
- **Define** – give the EXACT meaning of word, phrase or idea
- **Describe** – give a detailed account of
- **Discuss** – explain, then give reasons for and against, also imply
- **Distinguish/differentiate** – list all the ideas etc, and then say how they differ
- **Evaluate** – discuss the arguments that other people have put for and against. You could add your own views
- **Explain** – make plain, interpret or give an explanation for
- **Illustrate/interpret** – make clear, use examples and sometimes diagrams
- **List** – make a list
- **Justify** – give good reasons for your decisions/conclusions
- **Outline** – give the main features and the ideas of a subject. Don't rush into details
- **Prove** – demonstrate or establish the truth
- **State** – present in a clear and brief way
- **Summarise** – give a brief account of the main points without details or examples

You can make a difference to your child. Please do attend our Year 11 Revision Evening on 28th February 2018 for our personalized revision evening for you and your child